



-Beginner Vinyasa Family Yoga Flow- Special Guest Instructor

Yoga Chanti



October 5th

6:30pm-7:30pm

\$1.00 Per Family

Cold Water Bottles will be available for purchase for \$1.00

**THE BOOK FAIR WILL BE OPEN
DURING THIS TIME!!!**

Check in at the PTO table

Bring family, friends, and neighbors! ALL are welcome!

**Come to 3 Family Fitness nights and get a Spirit Monkey
Come to ALL the Family Fitness Nights and get a prize!**

